

# Course-at-a-Glance

Topic/Activity	Time (Minutes)	Page
<b>Welcome and Introductions</b> <ul style="list-style-type: none"> <li>Instructor introduction and disclosures</li> <li>Participant introductions</li> </ul>	15:00	12
<b>Lesson Begins Here</b>	<b>22:00</b>	
<b>Course Overview</b> <ul style="list-style-type: none"> <li>Course Roadmap; Contact Hours; Session Activities; Ground Rules</li> </ul>	7:00	14
<b>Warm-Up Activity: Race Against Time – The STEMI Challenge</b> <ul style="list-style-type: none"> <li>Participants read and discuss a short scenario, and recommend a decision.</li> </ul>	15:00	20
<b>TOPIC 1: The Decision-Making Process</b>	<b>40:00</b>	<b>25</b>
<b>Presentation: Decision-Making for Nurse Leaders</b> <ul style="list-style-type: none"> <li>Present and discuss key decision-making concepts</li> </ul>	9:00	26
<b>Activity: Apply the Decision-Making Process: Performance Improvement Council</b> <ul style="list-style-type: none"> <li>Participants review a scenario and discuss the decision-making process in the large group.</li> </ul>	8:00	32
<b>Activity: Race Against Time – The STEMI Challenge</b> <ul style="list-style-type: none"> <li>Participants revisit the scenario from the Warm-Up activity with additional information and apply the decision-making process.</li> </ul>	15:00	38
<b>Personal Action Plan: Apply Decision-Making in the Workplace</b> <ul style="list-style-type: none"> <li>Participants create a plan to address a current workplace situation.</li> </ul>	5:00	44
<b>TOPIC 2: Fundamentals of Critical Thinking</b>	<b>15:00</b>	<b>47</b>
<b>Presentation: Critical Thinking for Nurse Leaders</b> <ul style="list-style-type: none"> <li>Conduct a free association activity about critical thinking.</li> <li>Present and discuss critical thinking concepts.</li> </ul>	7:00	50
<b>Activity: How Nurse Leaders Use Critical Thinking</b> <ul style="list-style-type: none"> <li>Participants review three scenario and determine if the nurse leader demonstrates critical thinking.</li> </ul>	7:00	54
<b>Post-Work Activity: Critical Thinking Reflection</b> <ul style="list-style-type: none"> <li>Briefly review this post-work activity.</li> </ul>	1:00	58
<b>TOPIC 3: Essential Traits of Critical Thinkers</b>	<b>33:00</b>	<b>61</b>
<b>Presentation: Critical Thinking Traits of Nurse Leaders</b> <ul style="list-style-type: none"> <li>Present and discuss five essential traits of critical thinkers.</li> </ul>	15:00	62
<b>Video Vignette: A Patient Admission Challenge</b> <ul style="list-style-type: none"> <li>Participants analyze a video scenario and respond to a series of questions related to the essential traits of critical thinkers.</li> </ul>	18:00	76

## Course-at-a-Glance (continued)

Topic/Activity	Time (Minutes)	Page
<b>15 Minute Break</b>		
<b>TOPIC 4: Key Skills of Critical Thinkers</b>	<b>46:00</b>	<b>85</b>
<b>Presentation: Key Skills of Critical Thinkers</b> Present and discuss the four key skills of critical thinking: <ol style="list-style-type: none"> <li>1. Observation: Overview               <ul style="list-style-type: none"> <li>• Activity: Practice in Observation (4 minutes)</li> </ul> </li> <li>2. Communication: Overview               <ul style="list-style-type: none"> <li>• Activity: Role-Play Script (4 minutes)</li> </ul> </li> <li>3. Analysis: Overview               <ul style="list-style-type: none"> <li>• Activity (Poll): Fact or Opinion (4 minutes)</li> </ul> </li> <li>4. Inference: Overview</li> </ol>	28:00	86
<b>Activity: Using Critical Thinking to Address Staff Burnout</b> <ul style="list-style-type: none"> <li>• Participants read a scenario and work in pairs to apply the four key critical thinking skills.</li> </ul>	18:00	106
<b>TOPIC 5: Putting It All Together</b>	<b>43:00</b>	<b>111</b>
<b>Presentation: Strategies to Improve Decision-Making and Critical Thinking Skills</b> <ul style="list-style-type: none"> <li>• Present strategies to continue developing skills.</li> </ul>	3:00	112
<b>Activity: Apply Course Concepts—A Breakdown in Nurse Communication</b> <ul style="list-style-type: none"> <li>• In small groups, participants apply all the course concepts to a communication breakdown challenge.</li> <li>• Recommendations are shared in a large group debrief.</li> </ul>	40:00	116
<b>Wrap-up &amp; QA</b>	<b>14:00</b>	<b>124</b>
<b>Presentation: Course Summary</b> <ul style="list-style-type: none"> <li>• Course Summary</li> <li>• Nursing Contact Hours Credit (Appendix I)</li> </ul>	3:00	124
<b>Activity: My Critical Thinking Checklist</b> <ul style="list-style-type: none"> <li>• Participants use the checklist in Appendix II to identify and share an area they want to work on improving.</li> </ul>	11:00	126
<b>Total Classroom Time</b> <ul style="list-style-type: none"> <li>• Includes welcome, introductions, and break</li> </ul>	<b>240:00</b>	
<b>Total Nursing Contact Hours</b> <ul style="list-style-type: none"> <li>• Total content and activities allowable for nursing continuing education. Includes completion of the online Evaluation and Knowledge Assessment.</li> </ul>	<b>4.0 Contact Hours</b>	